



### 9.4.3 Hot Weather Policy

#### Rationale

Sporting Shooters Association of Australia Para Branch Inc. recognises that:

- We have a duty of care to our members and visitors;
- Competing and working in hot weather can potentially be hazardous to health;
- Heat illness includes dehydration, heat exhaustion and heat stroke, which is a potentially fatal condition;
- Our members must be made aware of the symptoms and treatments for these conditions, and the need to take precautions.

In considering this policy, the club is mindful that our matches are conducted in both indoor and outdoor environments depending on the discipline. Also it is recognised that in general the sport requires no major physical activity as is required in most sports with the expectation of IPSC and single action. However some sections need to also be aware that as part of the normal clothing it may include heavy coats and jumpers and in some events heavy trousers and boots.

#### Aim

This policy is to ensure a safe environment for our members and visitors during periods of hot weather. It applies to facilities and sections under SSAA Para control as from 5th March 2018. This policy applies to all members, administrators, officials, coaches, players and visitors of SSAA Para Inc.

#### Policy:

SSAA Para Inc. policy requires that:

- Information on the immediate recognition and treatment of heat illness be circulated to all sections.
- This information also to be provided to competition organisers, and accredited officials and coaches.
- Members/competitors be encouraged to take water onto the firing point for easy access during their competition – especially in competitions where the competing time exceeds 1 hour and 15 minutes.
- Water be available for all competitors on days of extreme heat.
- If the temperature at Elizabeth forecast for the day of a shoot is expected to be 38°C or higher, then it is suggested official events be cancelled by the section. Where this is not practical, the start time should be changed to earlier in the day to allow a finish time before 11.30a.m, or the event be modified, for example changing match time restrains.
- The forecast temperature used will be that broadcast by ABC television during their evening (7:00pm) news service on the day prior to the scheduled event.

Anyone wishing to discuss any aspect of this policy is invited to contact SSAA Para Council.

#### Policy review:

The policy on hot weather will be reviewed six (6) months after its introduction and then on an annual basis. This will ensure that the policy remains current and practical.

**SSAA Para Council**